



**TEMPOROMANDIBULAR DISORDERS
RISKS AND LIMITATIONS**

Temporomandibular disorders comprise a group of dysfunctions of the temporomandibular joint (jaw joint); the muscles and ligaments that move and control the posture of the jaw, head, and neck; and the nervous system control of the muscles and movements of the head and neck region. This condition has multiple causal and perpetuating factors including, but not limited to physical injury, developmental imbalances and deformities, postural strains, and stress psychogenic factors.

Before you agree to treatment you should know the risks, benefits and alternative treatments. Your condition may be treated by many different modalities which I employ and that have proven successful.

It is difficult to predict how long it will take or what ultimate treatment may work best for you in providing relief. Since many factors are involved in creating a TMJ Disorder, dental therapy alone may not resolve your problem.

This condition could continue to worsen even with treatment. The condition could improve, then, at a later date, return or you could be re-injured with a return of symptoms.

The use of partial coverage splints can cause a shifting of teeth relative to each other (intrusions or extrusions) that may require treatment to correct involving the use of compensating appliance, orthodontics, or reconstructive treatments which would take additional treatment, time and involve additional fees.

The end result is that your treatment may require a permanent change in occlusion (the way your teeth come together), which can only be accomplished with restorative dentistry (crowns, bridges) or orthodontic treatment. This could be because shifting of the teeth on the mandible preferring to be in a more forward position. Rarely crowns which are marginally retained, may be dislodged requiring re-cementation or replacement.

Please sign below indication that you have read and understand this information and that you are willing to accept any and all risks known and unknown involved in this treatment.

Patient or responsible party

Date

*Diplomate, American Board of Dental Sleep Medicine
Diplomats, American Board of Orofacial Pain
Diplomate, American Academy of Pain Management
Fellow, Academy of Craniofacial Pain*